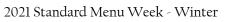


ARCG MENU







							2000 <u>1</u>
	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast 8:00 - 9:00 am served with a seasonal selection of Firut. Yogur. ourmeal and cold Creaks, breakfast break and hard bolied eggs (if no eggs on menu)	French Toast	New York Bagels	Pancakes	Scrambled eggs	Chicken and Waffles	Scrambled Eggs	Biscuits & Sausage Gravy
	Sausage	with Cream Cheese	Sausage Links	Sausage		Home Style Potato Cubes	Scrambled Eggs
	Maple Syrup	Scrambled Eggs & Bacon	Maple Syrup	Home Style Potato Cubes	Maple Syrup	Sausage Patties	
		Danishes					
	Gluten Free option includes :	Gluten Free option includes :	Gluten Free option includes :	Gluten Free option includes :	Gluten Free option includes :	Gluten Free option includes :	Gluten Free option includes :
	Gluten Free French Toast	GF Toast and Fruit	Gluten Free Pancake	Meal is GF	Gluten Free Waffles	Meal is GF	GF Toast, Eggs and Sausage
	Vegetarian option includes :	Vegetarian option includes :	Vegetarian option includes :	Vegetarian option includes :	Vegetarian option includes :	Vegetarian option includes :	Vegetarian option includes :
	vegan breakfast sausage	vegan breakfast sausage	vegan breakfast sausage	with Vegan Sausage	Vegan Chicken	Vegan Breakfast Sausage	vegan breakfast sausage
	Vegan French Toast, Vegan Sausage	Vegan Scramble,Vegan Sausage	Vegan Pancake, Vegan Sausage	Vegan Scamble, Vegan sausage	Vegan Waffles, Vegan Chicken	Vegan Scramble, Vegan Breakfast Sausage	Vegan Biscuit, Scramble and Vega Breakfast Sausage
Lunch 12:30 - 1:30 pm served with a seasonal selection of Fruit. Full Staked Bar, Soup of the Day and assorted breads	Mushroom Chicken	Meatball Sub	Beef Taquitos	Cheese Pizza	Hamburgers	Chicken Tenders	Coq Au Vin
	Stuffing	French Fries	Sour Cream and Salsa	Pepperoni Pizza	Potato Chips	French Fries	Rice
	Vegetables		Refried Beans				Vegetables
			Vegetables				
	Gluten Free option includes :	Gluten Free option includes :	Gluten Free option includes :	Gluten Free option includes :	Gluten Free option includes :	Gluten Free option includes :	Gluten Free option includes :
	Meal is GF without Stuffing	GF Hot Dog and Bun	Meal is GF	GF pizza	GF Burger and Bun	Chicken and Fries	Roasted Chicken
	Vegetarian option includes :	Vegetarian option includes :	Vegetarian option includes :	Vegetarian option includes :	Vegetarian option includes :	Vegetarian option includes :	Vegetarian option includes :
	Vegan Chicken	Vegan Hot Dog & French Fries	Cheese Quesadilla	Cheese Pizza	Vegan Burger	Vegan Chicken Tenders	Stuffed Bell Peppers
	Vegan Chicken	Vegan Hot Dog and French Fries	Vegan Quesadilla	Vegan Pizza	Vegan Burger	Vegan Chicken Tenders	Stuffed Bell Peppers
Dinner 6:00 ~ 7:00 pm served with a seasonal selection of Fiult, Full Stated Bar. Soup of the Day, assorted breads and Dessert	Salmon	Baked Penne Pasta	Oven Fried Chicken	Macaroni & Cheese	Roasted Chicken	Chicken Alfredo	Sliced Roast Beef
	w/teriyaki glaze	Garlic Bread	Mashed Potatoes	Sliced Smoked Ham	Scalloped Potatoes	Vegetables	w/Gravy
	Rice	Vegetables	Vegetables	Vegetables	Vegetables		Mashed Potatoes
	Vegetables						Vegetables
	Gluten Free option includes :	Gluten Free option includes :	Gluten Free option includes :	Gluten Free option includes :	Gluten Free option includes :	Gluten Free option includes :	Gluten Free option includes :
	Meal is GF without sauce	GF Pasta with Meat Sauce	Meal is GF	GF Mac and Cheese	Meal is GF	GF Pasta with Marinara	Meal is GF without gravy
	Vegetarian option includes :	Vegetarian option includes :	Vegetarian option includes :	Vegetarian option includes :	Vegetarian option includes :	Vegetarian option includes :	Vegetarian option includes :
	Vegan Chicken Breast	Baked Penne Pasta	Vegan Chicken Breast	Vegan Creamy Mac & Cheese	Vegan Grilled Tofu	Vegetarian Alfredo	Vegan Penne Pasta
	w/ teriyaki glaze	with Marinara Sauce			Scalloped Potatoes		
	Vegan Chicken Breast	Vegan Baked Penne Pasta with Marinara	Vegan Chicken Breast	Vegan Creamy Mac and Cheese and Veggies	Vegan Grilled Tofu	Vegan Alfredo	Vegan Penne Pasta with Marinara
lote: This menu is subject to change without notice.			RED = Gluten Free option	BLUE = Vegetarian Option	GREEN = Vegan Option		