

# GROUP ACTIVITIES!

Activities must be scheduled by group leaders.

Requests must be made 3 weeks prior to arrival.

Youth must be accompanied by adult chaperones.

Chaperones may be asked to assist in gearing up youth.

Maximum weight for activities is 250 lb.

Closed toe shoes required for all activities.



**Alliance  
Redwoods**  
Conference Grounds



ALLIANCE REDWOODS  
**SONOMA  
CANOPY  
TOURS**

Individuals should call **888-494-7868** to get Alliance Redwoods guest discount for the Sonoma Canopy Tours Zipline!

Visit [sonomacanopytours.com](http://sonomacanopytours.com) for more info

A two hour adventure at the top of the Redwood Trees!

**Team Building** | 10-20 ppl/2 hrs | ARCG staff will tailor the time to your group's needs. Both low and high intensity activities are available. Common focuses are communication, problem solving, respect, ice breakers, name games and more!

**Archery Tag** | 10-40 ppl/1-2 hrs | A fast paced game that combines archery and dodgeball. Use your skills to eliminate your friends! Played in two teams. Mask, bows & arrows provided. Should be able to lift 20 lbs. to play. Suggested 10+ years of age.

**Flying Squirrel, Gecko Glider, or Redwood Express Zipline** | 10-20 ppl/2hr | Enjoy a thrilling zip through the redwood trees!

**Rope Rocket or Sky Swing** | 10-20 ppl/2hr | Ride these giant swings by climbing up a tree, pushing off a platform and soaring across the canyon floor!

**Piñata** | \$10 per person | 10-20 ppl/2hr | On this giant swing you will be hoisted into the treetops by your teammates, then pull the self-release ripcord to swing back and forth over the creek.

**Outdoor or Indoor Climbing Wall** | 10-20 ppl/2hr | With a variety of routes to choose from, you will want to try and climb to the top multiple times.

**Vertical Playpen** | 10-20 ppl/2hr | Navigate through cargo nets, tires, and beams to reach the top! Work through this climbing puzzle at your own rate or work together with the climber next to you.

**Y-Axis** | 10-20 ppl/2hr | Under the supervision of a trained facilitator, work as a team to belay each other to the top of our vertical obstacle course. Make your way over logs and cargo nets to ring the bell at the top!

**Power Pole** | 10-20 ppl/2hr | Climb 21 ft. to the top of a pole, then leap into the air and try to ring the bell.

**Kayaking** | 10-20 ppl/2 hrs | Paddle the Russian River, a 10-min. drive from camp! Groups must provide transportation to the river. Kayaks seat 2 people. Canoes available upon request. Maximum 18 ppl May.-Oct. Kayaking dependent on weather and river conditions.

**Mountain Scooters** | 8 ppl/2 hrs | Hike your scooter up the hill then enjoy the thrills of screaming downhill! Helmets, gloves, and pads provided. Suggested 13+ years of age.

**Compound Bows** | 10-16 ppl/2 hrs | How's your aim? Shoot arrows at our targets.

**Naturalist Hike** | 10-25 ppl/2 hrs | Explore camp and learn about the redwood forest ecosystem on a guided tour.

**FREE ACTIVITIES** Outdoor Basketball, Indoor Gym (available Oct-April), Sand Volleyball, The Slab Turf, Ball Field, Pool Tables, Ping Pong, Air Hockey, Foosball, Playground, Gaga Pit, Horseshoes, Swimming Pool (pool available April - October).